# THE WHITE CAP
# 1985

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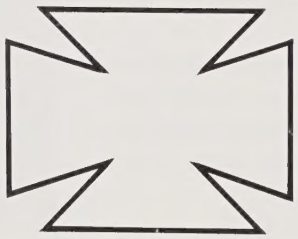
# THE WHITE CAP
# 1985



## WATTS SCHOOL OF NURSING
## DURHAM, NORTH CAROLINA

Editor

Janet Clayton

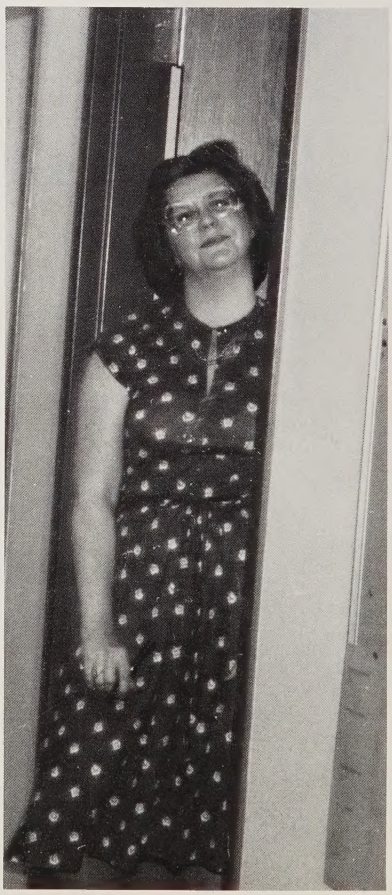
# DEDICATION

This year the White Cap staff has chosen to dedicate the yearbook to Pam Aldridge. Pam obtained her BSN at UNC-CH and her Masters at NCCU. Her background includes teaching medical-surgical nursing in Albany, Ga. and serving as field nurse for Wake County Health Department. She has been with Watts for eleven years as Recruitment Director. In this role, Pam entices applicants to come to our program; welcoming them and advising them once they are here. She is always gracious in answering questions and giving information to applicants, students, families, and the public. It is her efforts which help to make the student body what it is.

Pam has performed many duties for the school as well as the students; having served as Advisor to the Student Body, Director of Recreation, and Chairperson of the Admissions Committee. She has worked as clinical instructor for the LPN Pharmacology course at DCGH and has been Red Cross Bloodmobile representative for the School. Pam guest lectures in various classes and has for years planned and supervised graduation and freshmen orientation receptions, student body picnics, and many other things.

Some of Pam's hobbies and interests include: handcrafts, flower arranging, fabric painting, photography, sewing and hanging wallpaper. She enjoys going to the lake in the summer and loves cats and dogs. Her latest interest is her home computer.

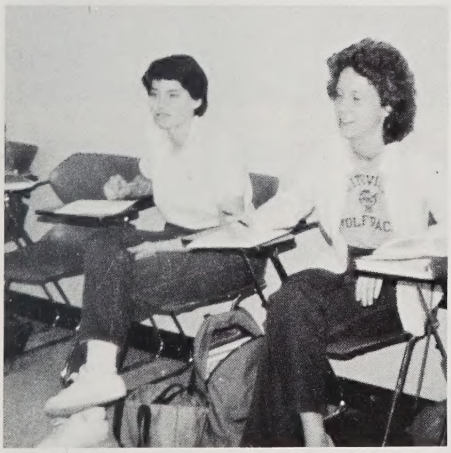
Pam, we thank you for all your help and support!



# *Theme: If It Is To Be, It Is Up To Me*

. . . in planning

. . . in meeting challenges



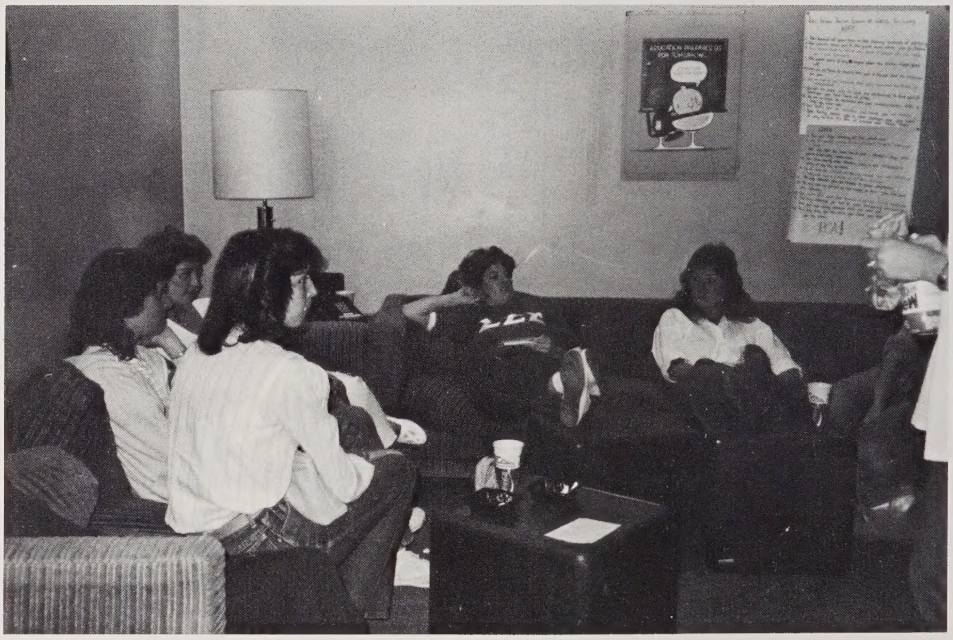
. . . in learning in class

*Nursing is a profession of growing, giving, caring, and sharing. Throughout all of its experiences, support and nurturing comes from many directions: patients, peers, friends, family, and faculty. But, ultimately, whatever the endeavor, the final responsibility for success, happiness, fulfillment, and warm relationships rests within the individual. Whether in developing personally or in helping others, each of us has to make of ourselves and our situations what we want it to be. With these thoughts in mind, the theme of the 1985* ***White Cap*** *is in honor of all of those students, staff, faculty, and hospital colleagues who have personified the belief, "If it is to be, it is up to me."*

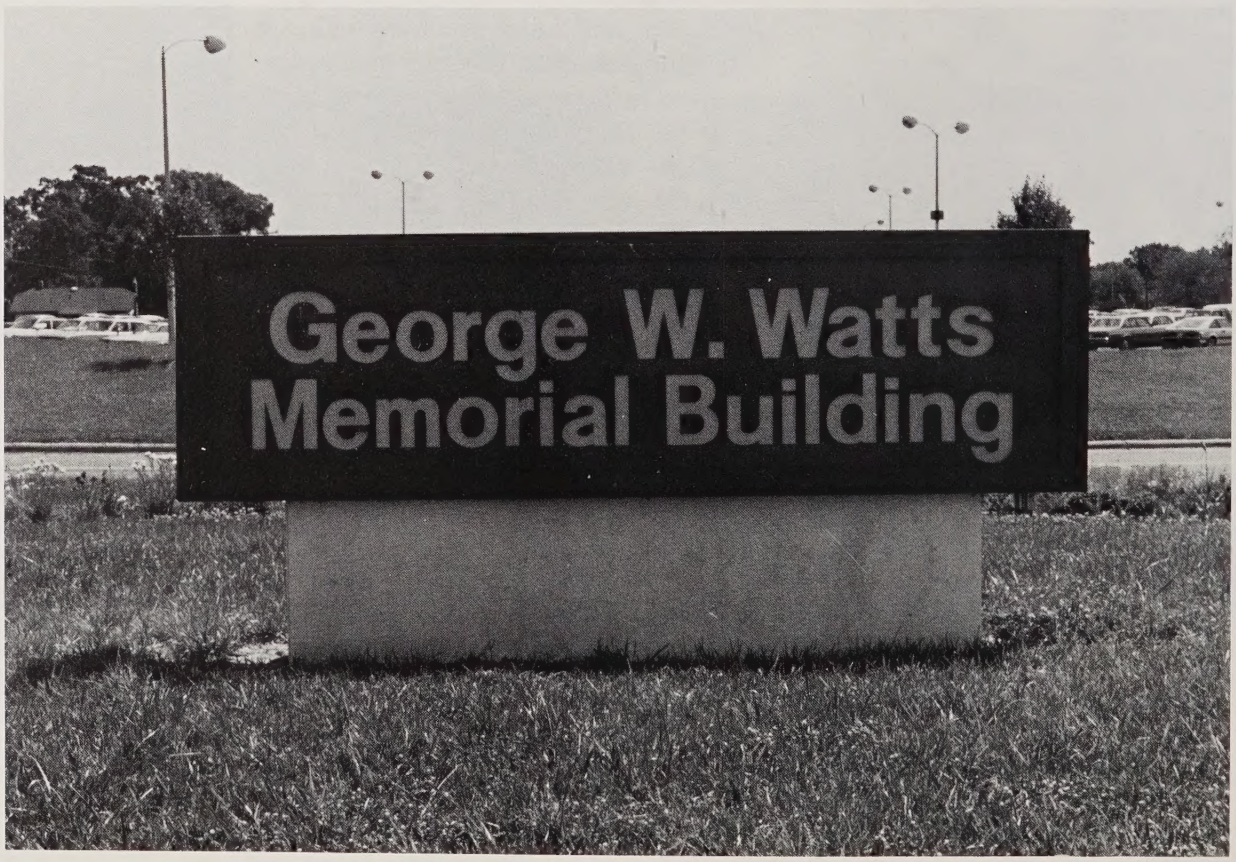
. . . in preparing

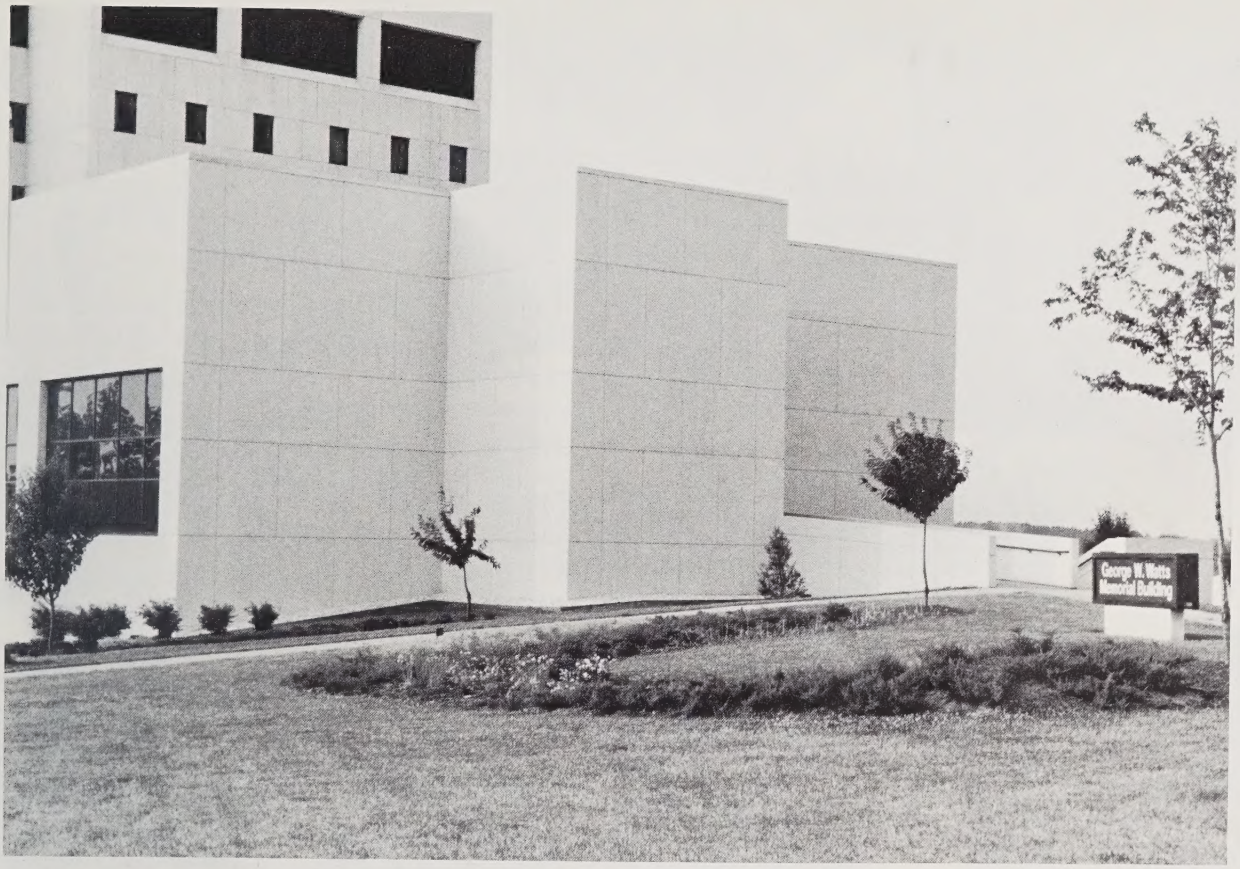
. . . in clinical practice

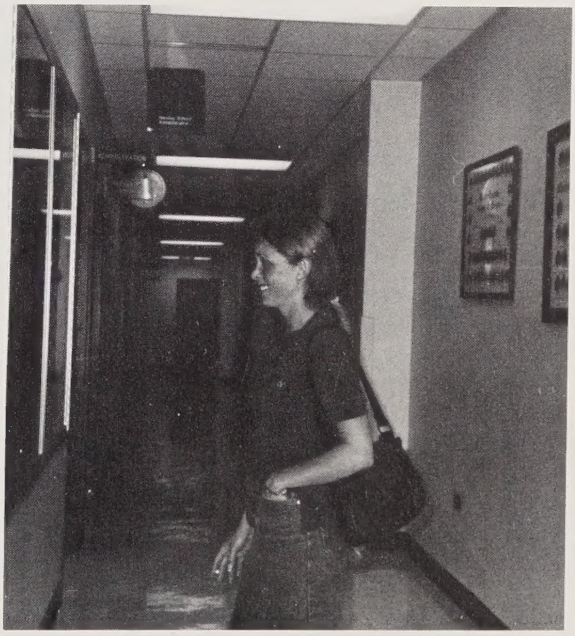
. . . in studying individually and in co-operating



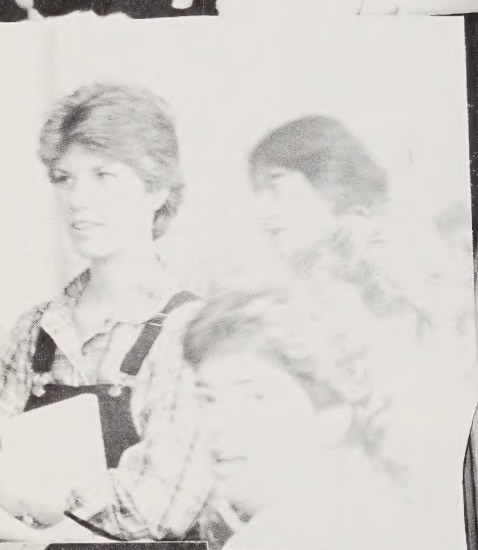
As August dawned upon us, so did the beginning of another school year. Once again, the student lounge would be the place where we would all gather to discuss our day's events. This along with short breaks, nutritious lunches provided by the vending machines, and checking posted grades would become a part of the "Watts" routine.

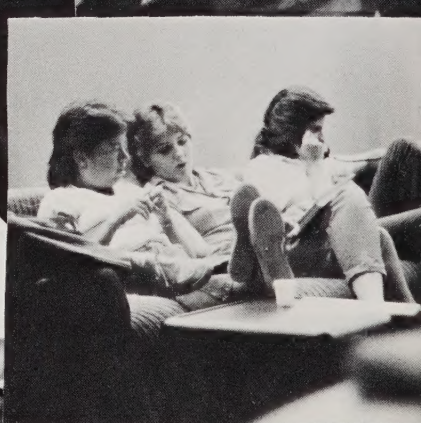


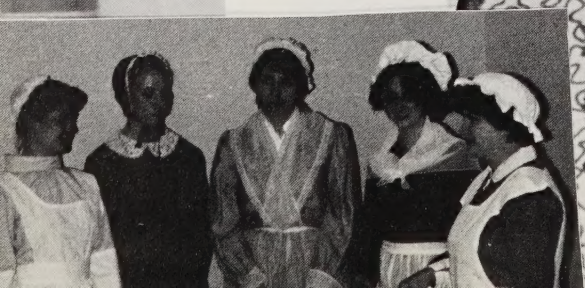

George W. Watts



# Activities







Watts
School of Nursing
1895-1985

# Fall Picnic

Ella Bryant, a Watts Alumnus, was gracious enough to offer her farm for our fall picnic. Hotdogs, hamburgers, soft drinks, and a keg of beer were available for everyone. After we ate, skits were performed. It was a time for sharing our summer vacations, but looking forward to the year ahead. To top off our picnic, the 1984 White Cap was dedicated to two of our finest Watts faculty, Joan Reinhardt and Penny Holloway.

"Does this shade of lipstick match my nailpolish?"

"Good 'nuf, good 'nuf"

Where are the juniors?

# Christmas Dance

The Christmas Dance was a big success. This year it was held at the Sertome Club and the first place winners of the famous Watts bakeoff were Boyd Hudson and his wife. The dance gave us all a chance to share the spirit of Christmas with our friends. We had fun dancing, eating, and drinking.

Footloose and fancy free

Our angel of mercy

Is this good for the cardiovascular system, Big Dave?

Don't let that Coke bottle
fool ya!

A picture is as close
as you will get.

"Just remember, everything in moderation."

# Caroling

"O Come All Ye Faithful . . ."

Over the years, caroling has become a special Watts tradition. We walk through the halls of DCGH singing our favorite Christmas songs and carrying our candles and songbooks in hand. After spreading our Christmas cheer, we join together in the lobby to make a joyful noise. Then on we go to the cafeteria for food and socializing.

Florence, otherwise known as Tammey Melton, leads the carolers in song.

Gail leads the Nightingales.

What is caroling without hot chocolate and doughnuts?

Frances gets a warm fuzzy.

# Volleyball

The volleyball team had a winning season this year. We finished the regular season in third place and came in second place in the tournament. Matches took place at Edison Johnson Recreation Center. We enjoyed fellowship and time away from our studies. Members of the team were: Randi Parham — captain, Sheila Murray, Tammey Melton, Janet Clayton, Tina Stewart, Melissa Wicker, Carolyn Overby, Becky Allbright.

The thrill of victory . . .

Becky demonstrates the perfect serve.

. . . and the agony of defeat.

What form!

Practicing at the picnic.

# Auction

The second annual Watts auction was a huge success. Former student, Ron Hicks, added his humor to the auction as he officiated as the auctioneer. The different items were given by the faculty and students. These items included baked goods, pillows, dolls, and other home-made items. The money was raised for the student government.

Am I gorgeous, or what?

Hey Mom, we want those cookies!

The next item up for bid is . . .

# Senior Picnic

The Senior Picnic was given by the faculty during the last week before graduation. The picnic consisted of various types of salads and it was held at the West Point on the Eno Park. This is a tradition. In turn, the Seniors gave the faculty a brunch.

# Faculty

1984-1985 was a year of much activity in the Instructors' hall. The Faculty developed a game of "musical instructors." The following instructors were involved in the switching:

David Williams changed from Fr. level to Sr. Med-Surg.

Maureen Lehane switched from Sr. Med-Surg. to Jr. Med-Surg.

Judy Comfort changed from Accelerated LPN program to Sr. Med-Surg.

Janet Gray had a brief rotation through Sr. Med-Surg.

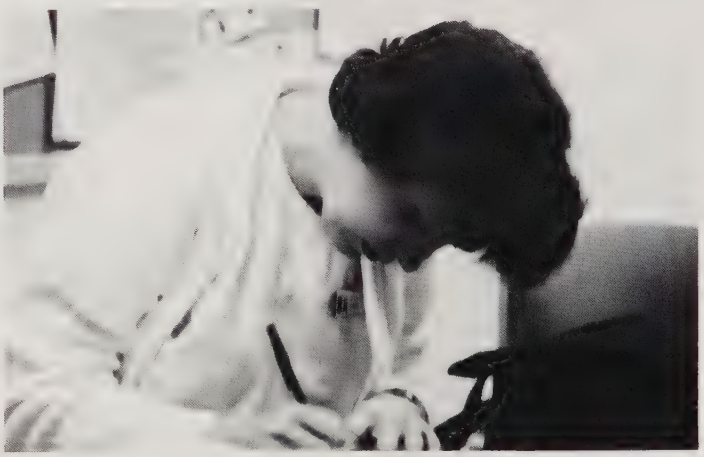
And, Josie Martin was also a clinical instructor for Sr. Med-Surg.

Judy Willink switched from Maternity instructor — end of year position — to Sr. Med-Surg., then to the Accelerated program . . . A new face this year was Pat Webster — our counselor.

In all, the year left some students wondering, "Who is my instructor now?", and left the instructors pondering, "What floor am I on this week?"

To the Faculty of 85-86, wherever you are, we wish you well. Last but not least, we sigh in sadness with the departure of Joan Reinhardt and Penny Holloway. We wish them the best in their endeavors.

Pictured from left to right: Judy Comfort, Maureen Lehane, and Constance Suprano.



Below: David Williams and Peggy Baker explain: "Remember, you NEVER touch this button!"

# Administration

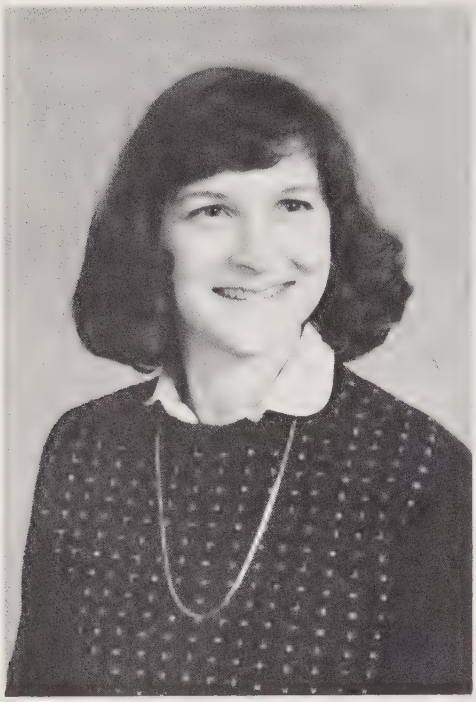
Marie Robeson
Director of Nursing

Beverly Smith
Dir. of Nursing Education

Greta Brooks
Assist. Dir. of Nsg. Education

Pamela Aldridge
Director of Admissions

# Instructors

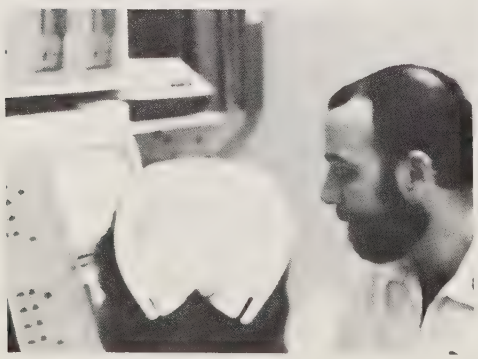


Peggy Baker
Sr. Med-Surg. Instructor

David Williams
Sr. Med-Surg. Instructor

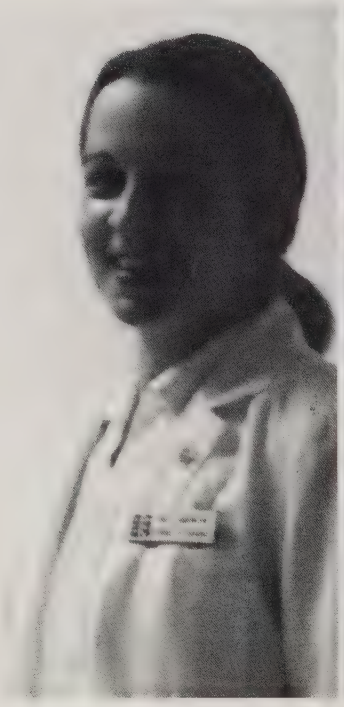
Janet Gray
Sr. Med-Surg. Instructor

"Come on Melissa, we talked about this in class."



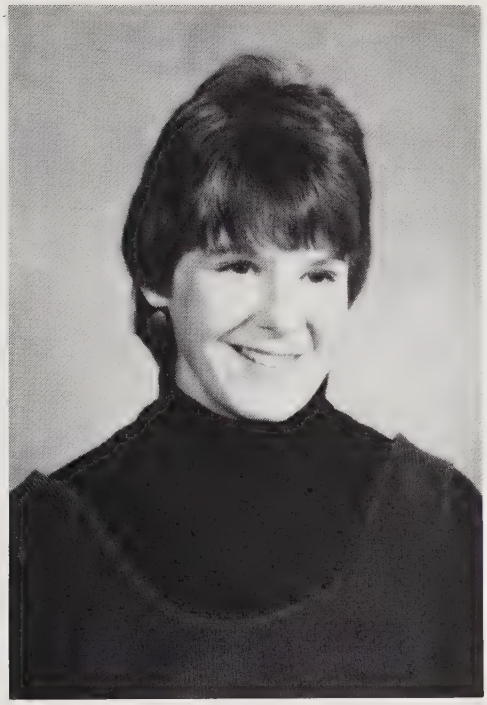
David asks, "How did I get stuck watching this thing?"

Judy Comfort
Sr. Med-Surg. Instructor



Josie Martin
Sr. Med-Surg. Instructor

Betty Jean Faulkner
Psychiatric Instructor



Gail Pruett
Psychiatric Instructor

Jane Salmon
Pediatric Instructor

Myrtle Mayfield
Pediatric Instructor

Joan Reinhardt
Jr. Med-Surg. Instructor

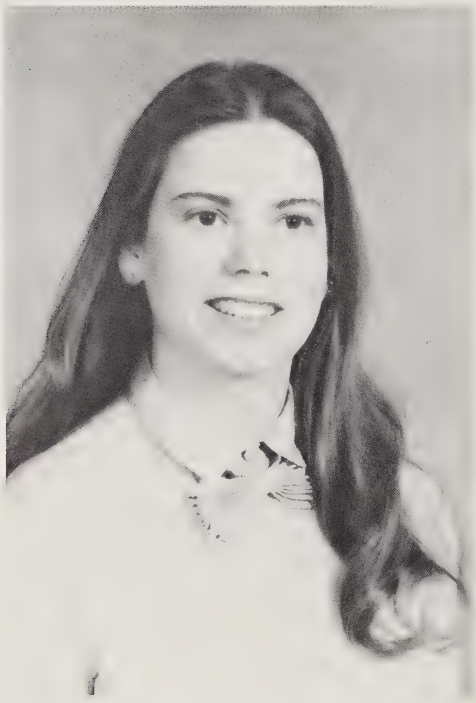
Penny Holloway
Jr. Med-Surg. Instructor

# Instructors

April Perry
Jr. Med-Surg. Instructor

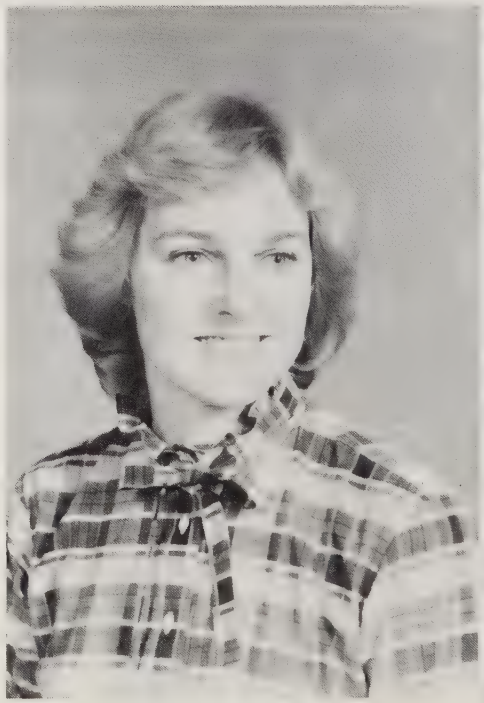
Maureen Lehane
Jr. Med-Surg. Instructor

Constance Suprano
Jr. Med-Surg. Instructor



Starr Browning
Freshman Instructor

Donna Rogers
Freshman Instructor



Judy Willink
Accelerated LPN Instructor

# Staff

Teresa Williams
Secretary

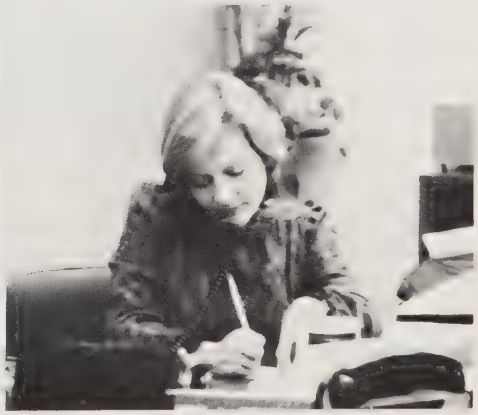
Lynn Ferebee
Secretary

Dixie Peterson
Secretary

Priscilla Hoover
Librarian

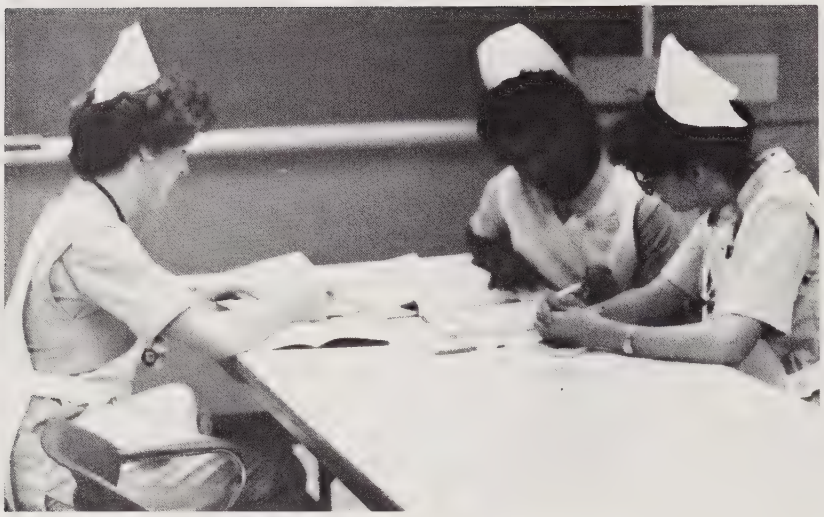
Gladys Hobbs
Assistant Librarian

Hard at work?

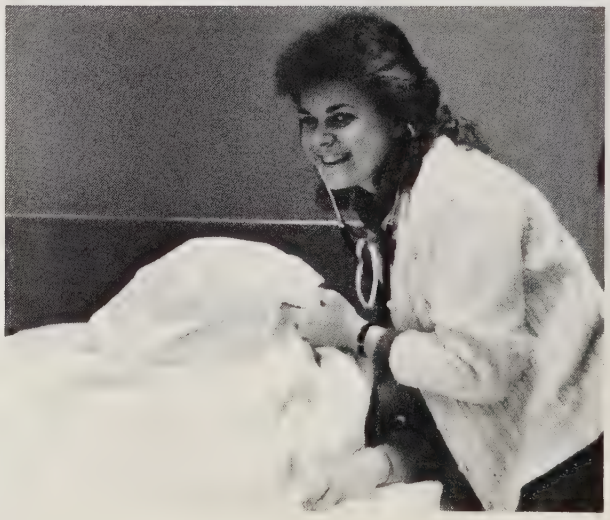


Not Pictured:
Norma Lipscomb, Fr. Instructor
Anne Carroll, OB Instructor
Loletta Faulkenberry, Psych. Instructor
Phyllis Murphy, Secretary

# Freshmen



The freshman year was one of fear of not knowing what was yet to come, "hyperstate" over grades and clinical, but most of all, it was a year to develop close and lasting friendships. Med-Surg gave us the basic knowledge of what was still to come through the labs, long class hours, clinical practice and post-clinical conferences. Donna, Starr, Norma and David made the lectures unforgettable with their little stories of when they were in school! (With as many hardships as they had, it's amazing they ever made it through!) At the end of the year, it was a time for celebration because we had done what was thought to be the impossible — we made it through our first year of nursing school.



# Freshman Class Officers

L to R: Ruth Barlow, Jan Furlow, Linda Peacock, Kathy Pierce, Rhonda Easton.

President: Linda Peacock

Vice President: Ruth Barlow

Secretary: Jan Furlow

Treasurer: Kathy Pierce

Secretary of Student Council: Rhonda Easton

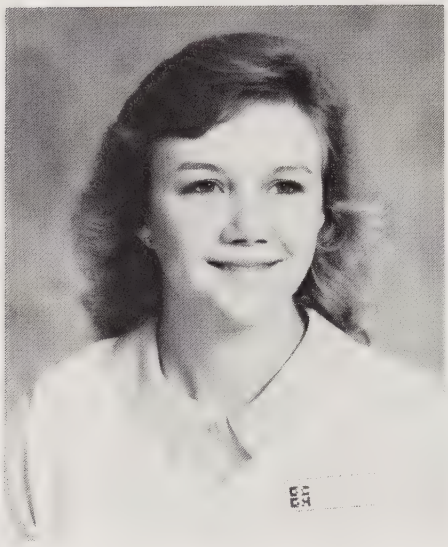
Class Moto: We find our own individual freedom by choosing not a destination but a direction.

By: Marilyn Ferguson

Class Flower: Iris

Class Advisors: Donna Rogers
Norma Lipscomb

# A New Beginning: The Freshman

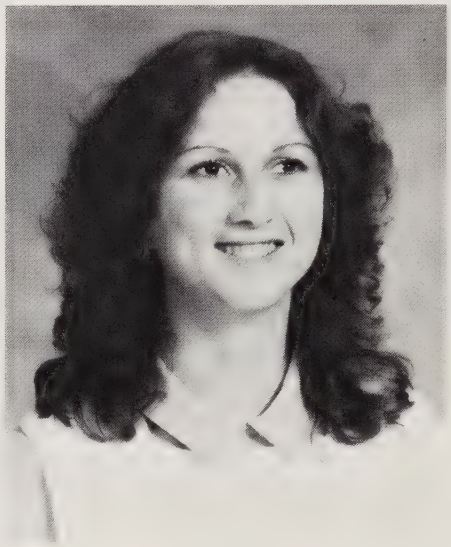


Kathy Adcock

Kathy Ashton

Lynne Baker

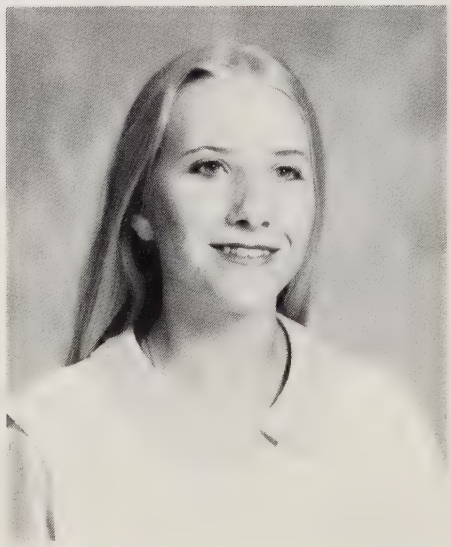
Ruth Barlow



Deborah Barnett

Effie Bason

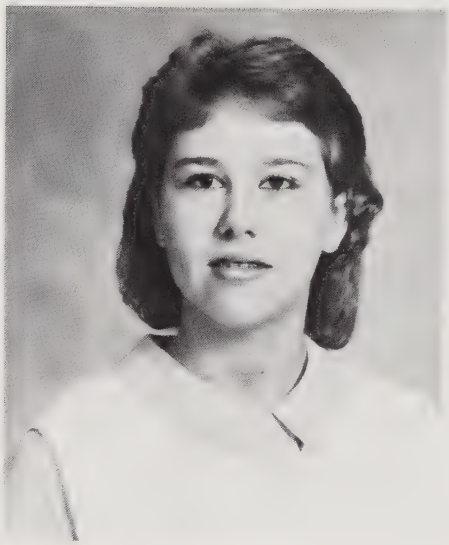
Donna Beard



Debra Burgess

Roselie Cadawas

Lori Cannon



Delaine Chambers

Norma Cooley

Robin Davis

Rhonda Easton

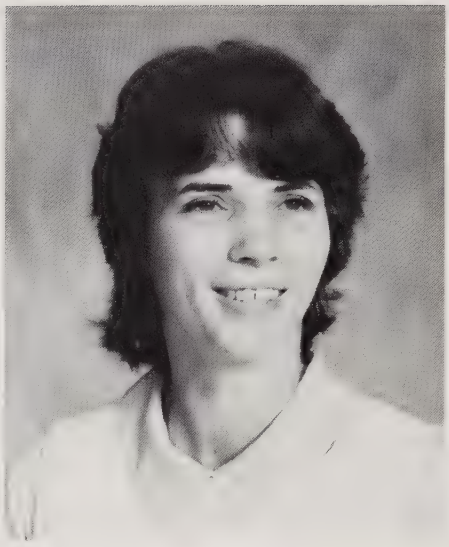
Lynelle Fox

Bonnie Freeman

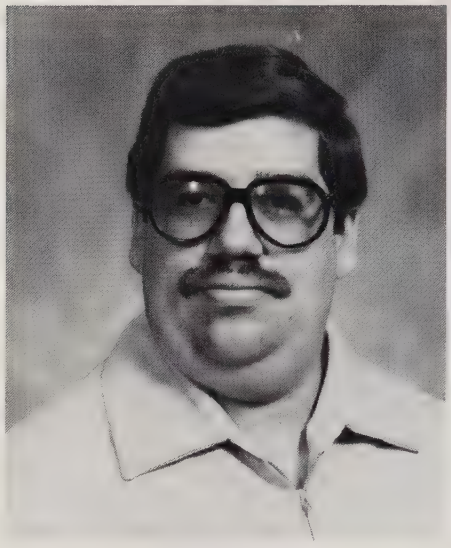
Jan Furlow

Marcie Gardner

Karen Grant



Beverly Hargis



Boyd Hudson

Sharon Kearney

Sherry Lankford

Luanne Linker

Susan Matzke

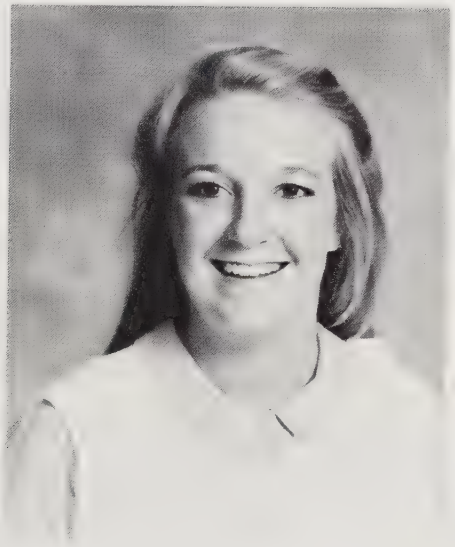
Wendy McFarland

Linda Peacock

Kathy Pierce

Dawn Roberson

Ladele Smith



Cindy Stover

Robin Temple

Not Pictured:
Claudette Williams

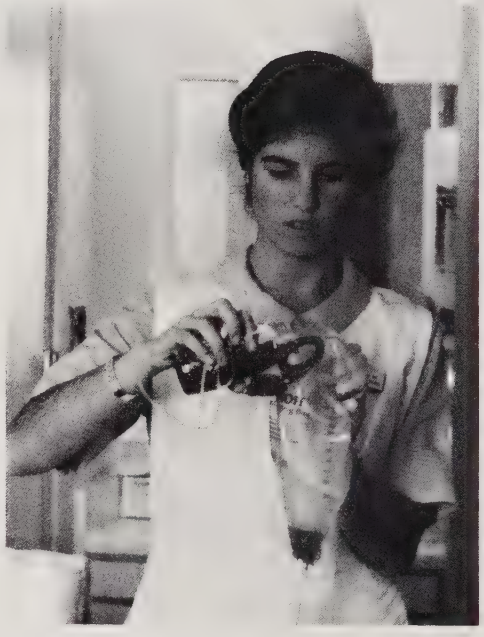
Martha Tew

Martha Watkins

Angie Williamson

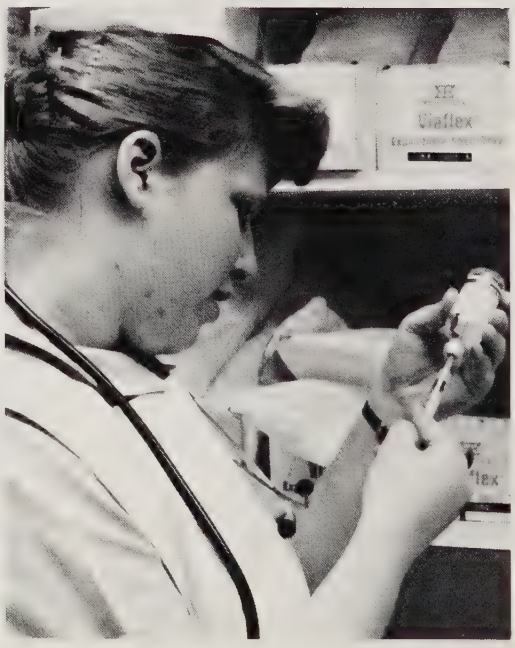
# Remember that first day of clinical . . .?

Lori, how do you cut this thing off?



I'll never get 3 cc's out of this.

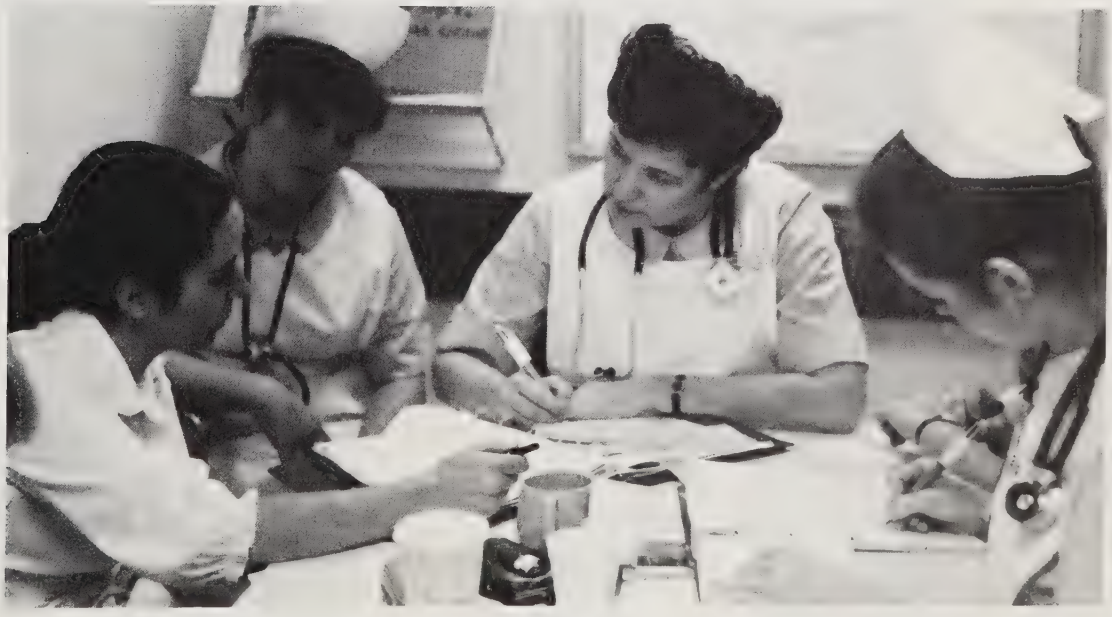
Easy does it!




This is harder than it looks.

How well we all remember that first day of clinical: 30 minutes to take vital signs . . . using the rectal IVAC probe to take an oral temp . . . pumping the BP cuff to 300 . . . getting tangled up in the IV lines . . . raising the bed only to put the patient in a reverse Trendelenberg. It took awhile but we finally learned.

**Ms. Browning, what is the desired therapeutic effect of this drug?**



**If I have to rewrite these notes** one more time!

# Capping: The first of Many Goals to Obtain

The stage has been set . . .

On January 7, 1985, the freshman class reached the first of many goals in their training as student nurse's by receiving their nursing caps. The cap symbolized the completion of their first semester as freshmen which involved many long hours of studying and clinical practice.

Ms. Smith shared the meaning of the cap as a symbol of accomplishment. As the freshmen left the auditorium that evening, they took the message with them as encouragement to continue striving to be the best they could possibly be.

The moment has finally arrived!

A little lower Luanne!

Congratulations Robin!

Dawn, please hold your head still!

We did it!

I wish my hands would stop shaking!

# Freshman Reflections

You mean I have to do that . . .

What is TCDB? . . .

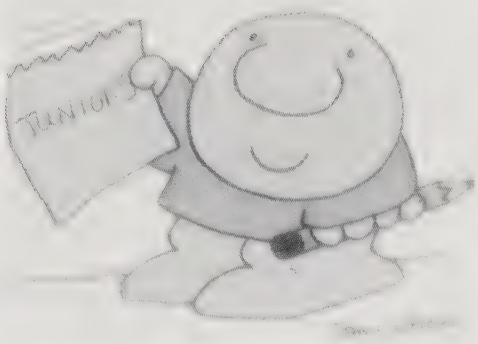
If she makes me rewrite that Nursing Care Plan one more time . . .

We don't give I.V. meds or blood products . . .

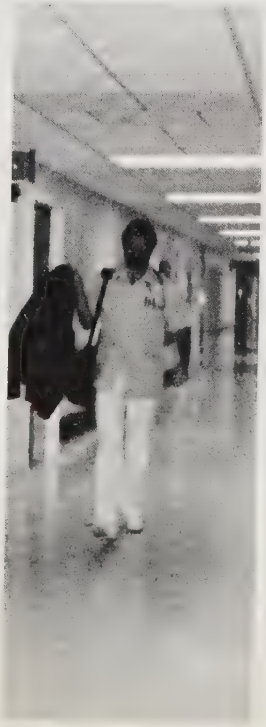
How many cc's are in a cup of coffee? . . .

Do you realize you broke sterile technique? . . .

# Class Of 1986



It won't hurt a bit!!



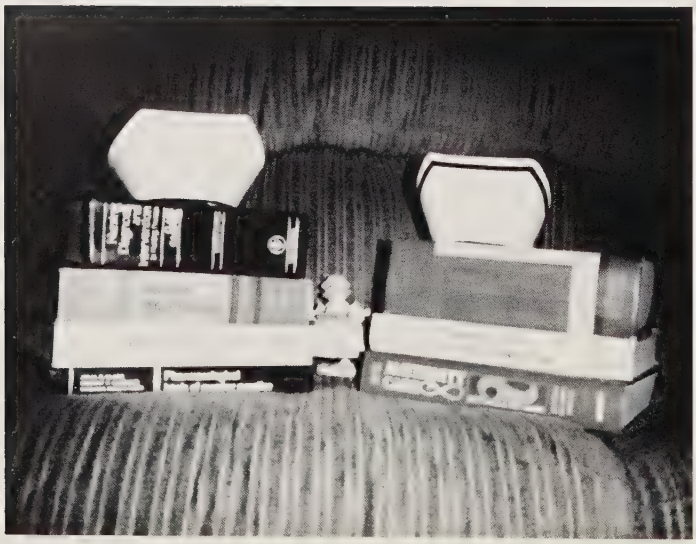
# Junior Class Officers

Pictured: Robin Miller, President; Janice Turpin, Secretary; Michelle McElroy, Vice-President; Kim Stephenson, Treasurer.

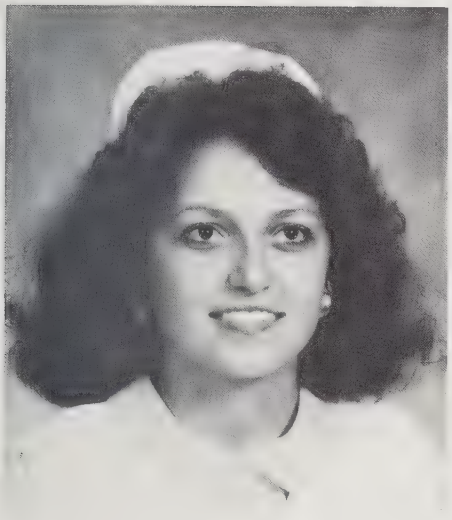
Class Motto: If you can imagine it, You can achieve it.
If you can dream it, You can become it.
William Author Ward

Class Flower: Daisy

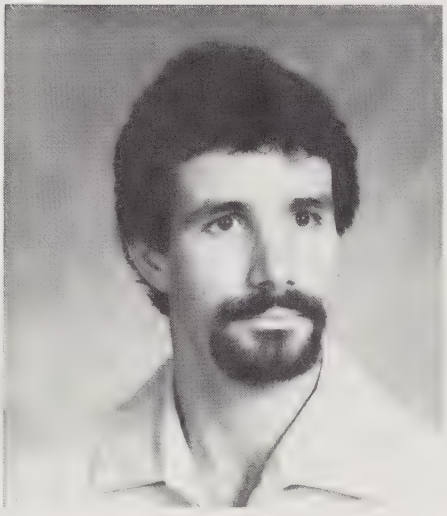
Class Advisors: Myrtle Mayfield
April Perry



# The Juniors



Sharon Anderson



Jeffrey Barkhouse

Cathy F. Bridges

Dorothy Bridges

Sheila Crawford

Carol Drye

Michele Ellis

Ann Fiscus

Terry Gooch

# God is here within us and he gives us strength to endure life's pressures . . .

Laura Harrelson

Shelby Hill

Patricia Lee

Robin Miller

Janice Turpin

Nancy Whitten

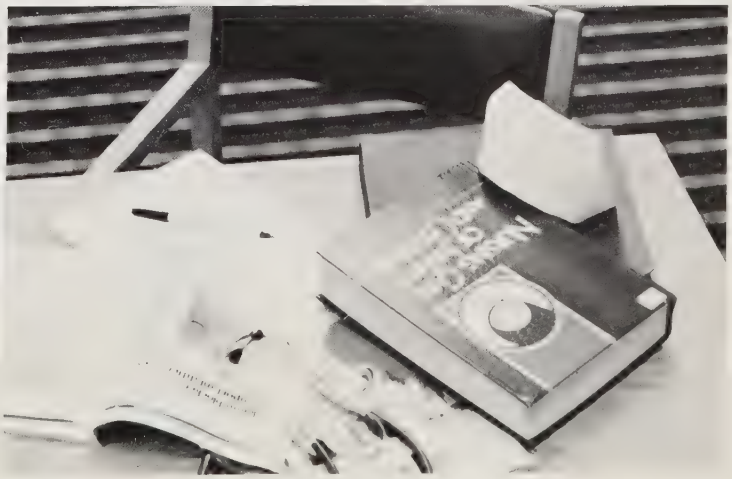
Not Pictured

Melody Anthony, Amy Babinec, Sally Cook, Krista Flair, Teresa Franks, Debra Hale, Janet Harris, Sandra Hopkins, Sandra Loftis, Michelle McElroy, Robyn Roberts, Rebecca Sanghavi, Kim Stephenson, Jane Whitaker, Lori Whitaker, Lila Armstrong, Ruby Eaton, Donna Johnson, Linda Kittrell, Kathy Major, Lovie Trice

## Promise Yourself

Promise Yourself to be so strong that nothing can disturb your peace of mind.
To talk health, happiness and prosperity to every person you meet.
To make all your friends feel that there is something in them.
To look at the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best and expect only the best.
To be just as enthusiastic about the success of others as you are about your own.
To forget the mistakes of the past and press on to the greater achievements of the future.
To wear a cheerful countenance at all times and give every living creature you meet a smile.
To give so much time to the improvement of yourself that you have no time to criticize others.
To be too large for worry, too noble for anger, too strong for fear and too happy to permit the presence of trouble.

Christian D. Larson

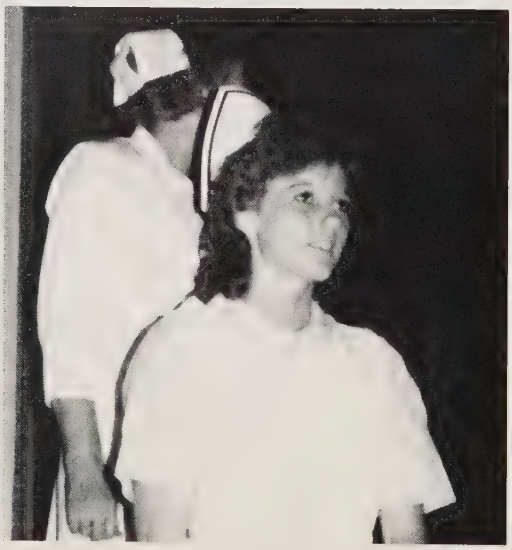


# Black Banding Ceremony

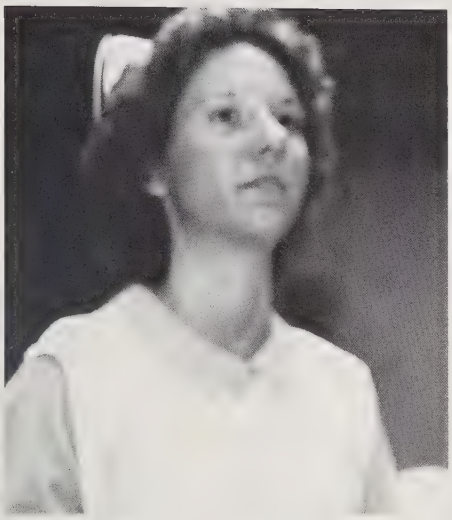
Dr. Recklass gave words of encouragement and praise to the class of 1986.

Carol Drye was Blackbanded by Geraldine Riley.

The time finally arrived to take one more step towards graduation. It seems like only yesterday we were marching in to receive our cherished caps, and now here we are becoming upperclassmen. That small black band on our caps brings with it a large sense of pride and accomplishment. It has been two long hard years and finally everyone will know we are seniors.



Janice Turpin was Blackbanded by Penny Holloway.



Following the ceremony everyone headed for the cafeteria for refreshments and fellowship with classmates and instructors. Everyone looked so proud — and relieved!!!

Michelle McElroy is glad it is all over.

Tammy and Janet hold "Annie."

"Annie"

**The tradition began in 1943, when a senior nursing student won a bust at the state fair and named her "Annie." That year when all the goodbyes were being said, she decided to pass Annie on to her two closest friends in the Junior class as a way of saying goodbye. This year Tammy Melton and Janet Clayton passed the Annie bust to Janet Harris and Lori Whitaker . . . the tradition continues.**

This year's happy recipients of the friendship award.

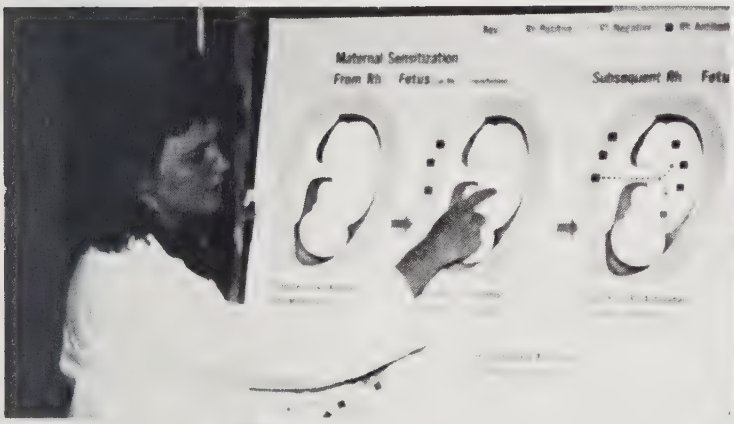
A true friend is a gift from above and will last forever.

Myrtle Mayfield

# Pediatrics

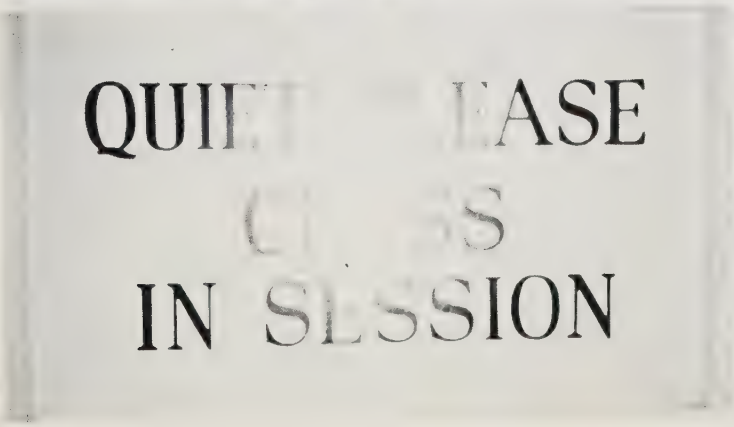
Pediatrics is a time of learning about children and yourself. It involves alot of hard work and consumes all of your spare time, but when it is over you'll leave with a sense of pride and accomplishment.

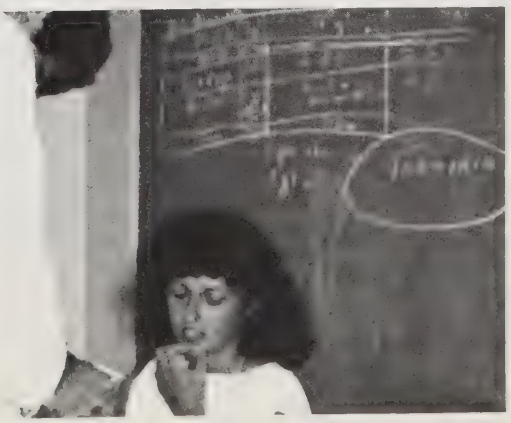
Jane Salmon



Maternity Nursing

Newborn Nursery, Post-partum, Labor and Delivery, Ultrasound, Women's Clinic, tests, reports, case study, Mrs. Carroll, lots of notes and no sleep . . . roll it all together and add alot of fun and new experiences and you'll have maternity nursing.



# Medical-Surgical Nursing

Robin shows Jane proper technique.

Finally a chance to sit down!!!

The med-surg Christmas feast at April Perry's was delicious!!!!!!

Kim practices sterile technique on Amy as Melody looks on.

# Seniors

## If It Is To Be, It Is Up To Me.

The Seniors of Watts School of Nursing! As we return to school in the fall, we patiently await graduation. We know we have to survive Medical-Surgical Nursing, Psychiatric Nursing and Nursing Management. We proudly wear our caps with the black-band which signifies the Senior level. As seniors we become more responsible for decisions, acquire more knowledge of the nursing process and become more confident in ourselves. Each student knows that if she is to survive, it is up to her.

Becky, Sandra, Kim and Paula patiently await the beginning of their final year.

# Senior Class Officers

Left to Right:

Treasurer: Sheila Murray

President: Tina Stewart

Vice-President: Mitzi Thornton

Secretary: Melissa Wicker

Class Motto: Those who help, care, and bring sunshine to the lives of others cannot keep it from themselves.

Class Flower: Red Rose

Class Advisors: Peggy Baker
Betty Jean Faulkner

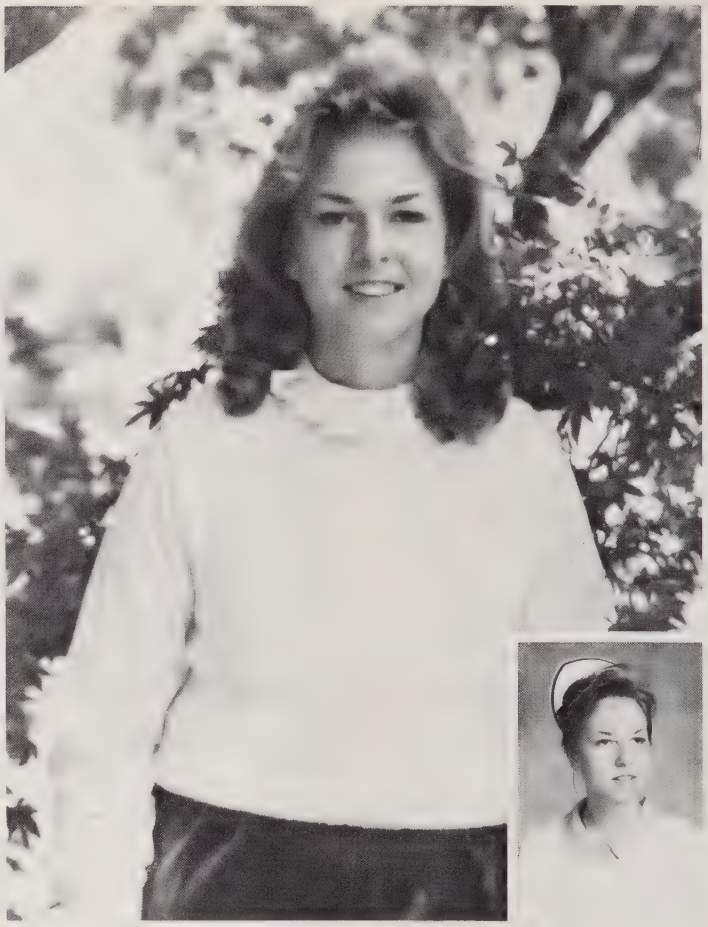
Becky Albright
Roxboro N.C.

Sandra Anderson
Townsville N.C.

Cynthia Barnes
Wilson N.C.

Patti Bostian
Durham N.C.

Barbetta Brown
Durham N.C.



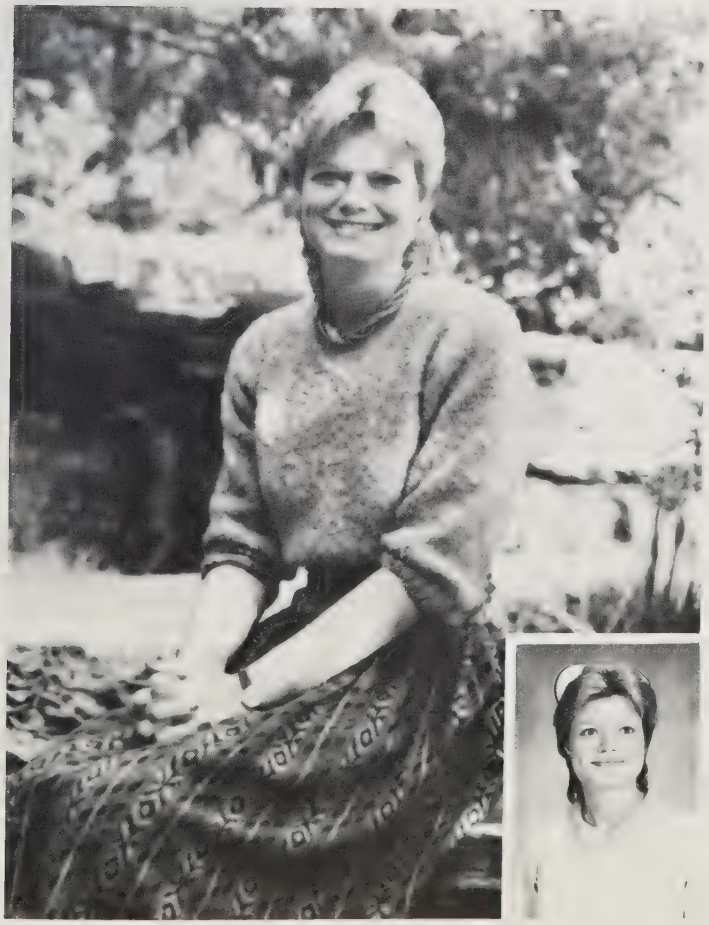
Christina Brown
Durham N.C.

Shirley Bryant
Raleigh N.C.

Susan Cates
Fayetteville N.C.

Jane Chambers
Greensboro N.C.

Eve Chandler
Burlington N.C.



Karen Chestnut
Durham N.C.

Janet Clayton
Roxboro N.C.

Deanne Dixon
Mebane N.C.

Sharon Elliott-Hopkins
Atlanta Ga.

Angella Emery
Durham N.C.

Maria Evans
Oxford N.C.

Sallie Fields
Henderson N.C.

Juanita Fisher
Durham N.C.

Renee Harris
Greensboro N.C.

Alecia Harrison
Raleigh N.C.

Faye Huff
Oxford N.C.

Teresa Jones
Broadway N.C.

Tracey Kale
Efland N.C.

Kimberly Long
Roxboro N.C.

Elizabeth Maginnes
Durham N.C.

Tammey Melton
Roxboro N.C.

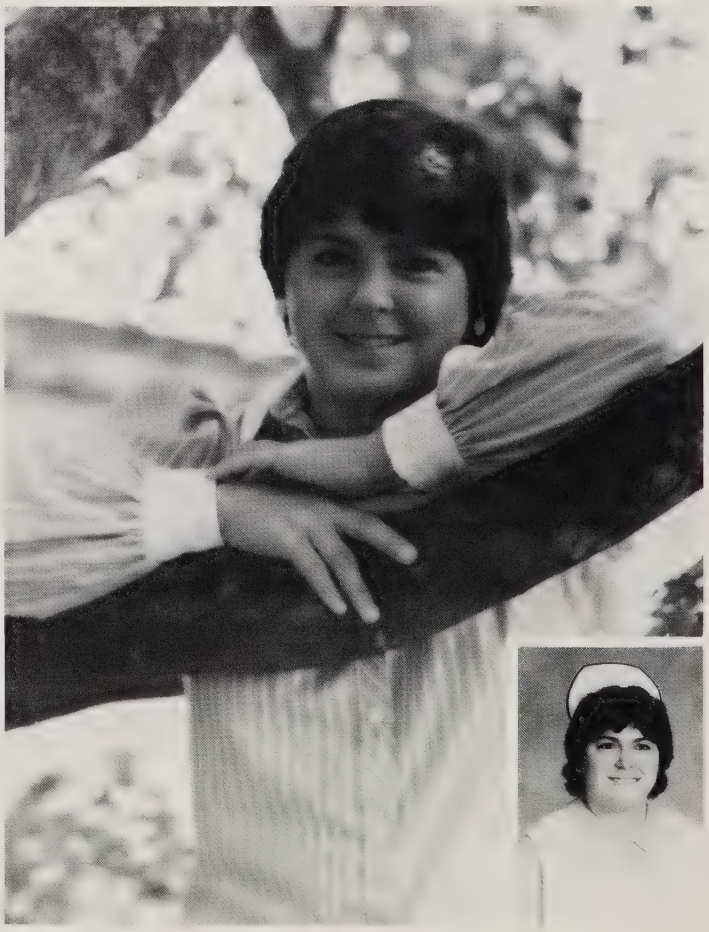
Martha Morton
Durham N.C.

Sheila Murray
Burlington N.C.

Linda Nason
Durham N.C.

Donna Neal
Durham N.C.

Suzanne Nichols
Kansas City Mo.



Carolyn Overbey
Nelson Va.

Randie Parham
Oxford N.C.

Geneva Parks
Durham N.C.

Pamela Rigsbee
Durham N.C.

Frances Roberts
Bahama N.C.

JoAnn Scott
Durham N.C.

Stephanie Scott
Durham N.C.

Tracey Spoon
Snow Camp N.C.

Tina Stewart
Dunn N.C.

Laura Thompson
Sanford N.C.

Mitzi Thornton
Durham N.C.

Sharon Tilley
Goldsboro N.C.

Alice Warmack
Cove City N.C.

Frances Watson
Durham N.C.

Mary Ann Whaley
Durham N.C.

Felicia Wheeler
Wake Forest N.C.

Rebecca Wheeler
Oxford N.C.

Melissa Wicker
Asheboro N.C.

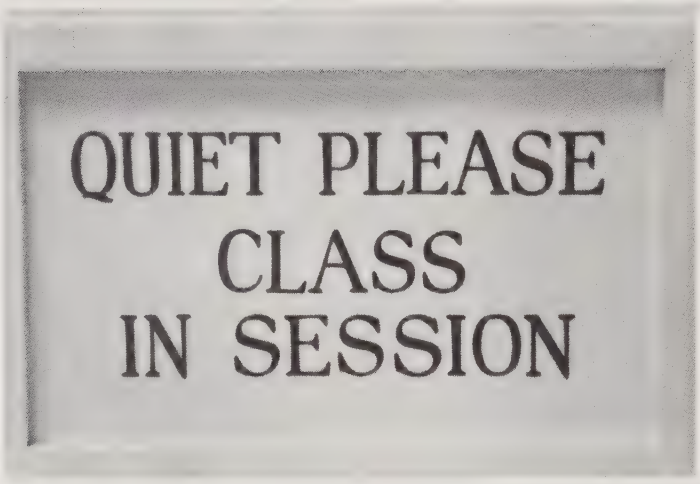
Paula Zimmerman
Roxboro N.C.

As our journey comes to an end, we look back over the last three years. Our freshman year we started out with 72 new faces, each unaware of the task ahead of us. We tackled such obstacles as our first clinical day, classes at NCCU, and the nursing process. We overcame these struggles and received our reward — OUR WHITE CAP.

As juniors we became more skillful in working with IV's and understanding medications and the disease processes. We successfully completed Obstetrics and Pediatrics with the understanding of the birth process and caring for children. Patiently we awaited black banding, knowing that it was the last step to our graduation.

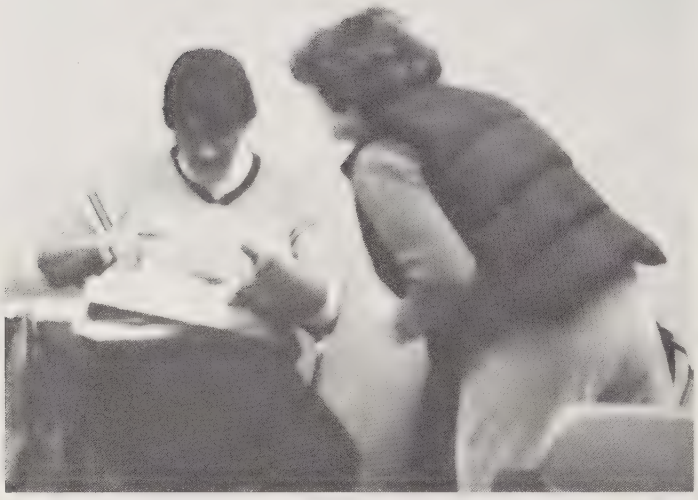
Senior! It has been three years of experiences that has brought us to our destination. We have worked hard and made many friends that we will cherish for a lifetime. Now awaiting graduation we glance back at the past, but then to the future. Our future. The future we made for ourselves.

NOT PICTURED:
Caroline Bennett, Durham, N.C.
Nina Fowler, Chapel Hill, N.C.
Richard Hailey, Cary, N.C.
Helen House, Chapel Hill, N.C.
Margaret Long, Durham, N.C.
Karin McArtan, Durham, N.C.
Icephene Rentrope, Durham, N.C.
Mary Stewart, Dunn, N.C.

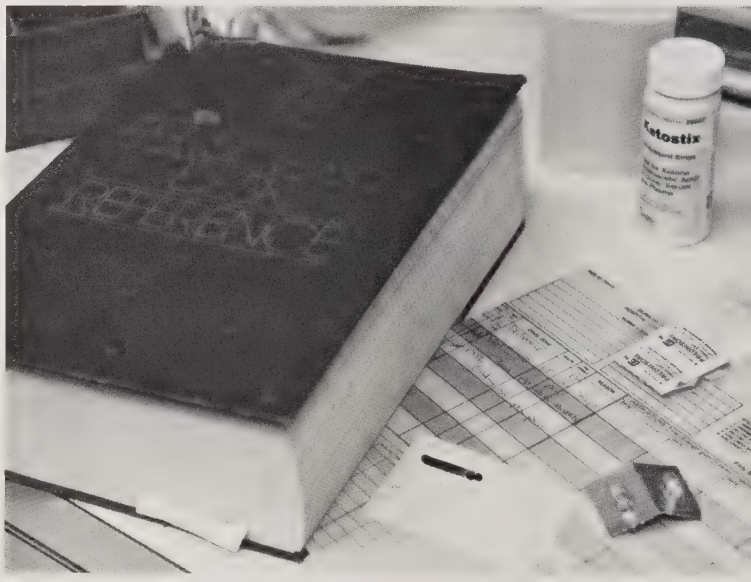



The Watts Motto.

The advanced Med-Surg nurse?



What have you got there?




Ready, set, go.

The hazards of an education.

Basic ragdoll CPR.

How do I feel?

Are they patients or students?

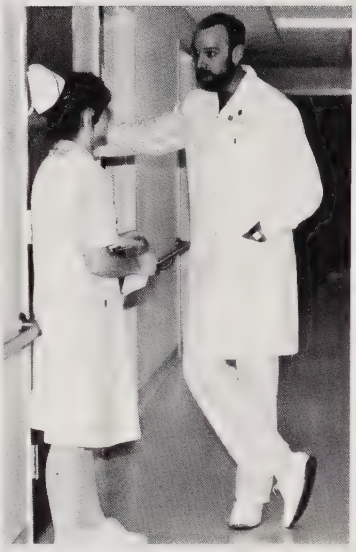
What a day for afterglow.

Even instructors need support.

We've got the glow.

Lunch, the best part of the day.

NO! No more changes in our paper!



How's charge nursing going?

A very good research paper.

Women!

She won't let me have the typewriter.

Teamwork

OH, these silly students!

Fraternal twins of Watts!

Sheila Murray received the Beulah Owens Award.

And I thought Gail was going to get the Lois Cox Award. Boy, was I wrong!

I wish Mrs. Baker could see us now!

Stephanie Scott and Mary Ann Whaley enjoying the Alumni Banquet.

I told ya'll what that stuff does to your liver.

# Presenting the Class of 1985!

Here we are trying to realize graduation has come. So many thoughts rush through our minds . . . Is this time actually here? How did we do it? What lies ahead? Will I ever see my friends again? What will work be like? Will I miss Watts? . . . . . Gradually we start believing as the ceremony begins. Ms. Compton's address to "Capture the Illusion" makes us aware of all our possibilities. Tina's words bring memories and tears. Yes, this time is here. But, we go knowing we will follow in the Watt's tradition; and, in believing "If it is to be, it is up to me."

Shelby and Linda lead the group of anxious graduates.

Tina recalls the memories of Watts in her presidential good-bye.

Cindy smiles, "Free at last!"

Betty Compton stirs up hopes and dreams as she inspires the audience with her speech.

Teresa's grin seems to say, "Look at me; I made it!"

Nancy Rand presents Janet with her hard-earned diploma.

Thoughtful expressions reflect the events of the ceremony.

Christy wonders, "Did we pay for these?"

# Presentation of Awards

Patti is presented the A.G. Carr Memorial Award and the Auxiliary Award.

The N.D. Bitting Award goes to Alecia.

Fran receives the Bonner D. Sawyer Awrd . . . and a big hug from Penny!

### What These Awards Mean

Class members submit nominations for senior awards during their February or March class meeting. The members then vote on the nominations and the student names with the highest number of votes for each award are submitted to the faculty. Final nominations and the deciding vote are cast by the faculty.

The graduate with the highest Quality Point Average is given the Auxiliary Award.

The A.G. Carr Memorial Award is presented to the senior student nurse who by her integrity, loyalty to duty and high quality of work has set the standard for the class.

The N.D. Bitting Award goes to the senior student nurse who demonstrates superior nursing ability in the care of the surgical patient.

And, the Bonner D. Sawyer Memorial is awarded to the senior student who displays superior skill in planning and giving nursing care. She shows above average competence in organizing and coordinating the skills and abilities of other members of the health team. These qualities along with her deep sense of responsibility for the welfare of the patient contributes to her potential for nursing leadership.

# The Reception

A typical scene after the ceremony.

Alice received a special Hawaiian "Congratulations!" from her roommate.

Glad you could make it, Peggy!

Did you have time for any punch yourself; serving so many people around you?

Watts Graduation — 1985

Watts graduation Class of 1985, congratulations
Move on with pride to your new stations.
You have met our objectives; we know you are ready.
Accept your pins and diplomas with hands sure and steady.

Student nurses come in all shapes and sizes
But you, Class of 1985, take all the prizes.
You are young, good-looking, intelligent and healthy
and soon you will all be employed and wealthy.

You have studied, saved, and worked extra, too,
and still have had time to do what young folks do.
Dance and sing — pack in fun and emotion
then put it all together with love and devotion.

In nursing school, one gives much of self to the profession
But get back much more as they feel their progression.
From new student learning about the reality of life
To one helping lessen pain and strife.

You have your beginning — it is time to go
You are on your own — may you grow and grow,
As you join new nurses across the land,
Know you are one of the best wherever you stand.

Penny Holloway

# Organizations

## Student Government

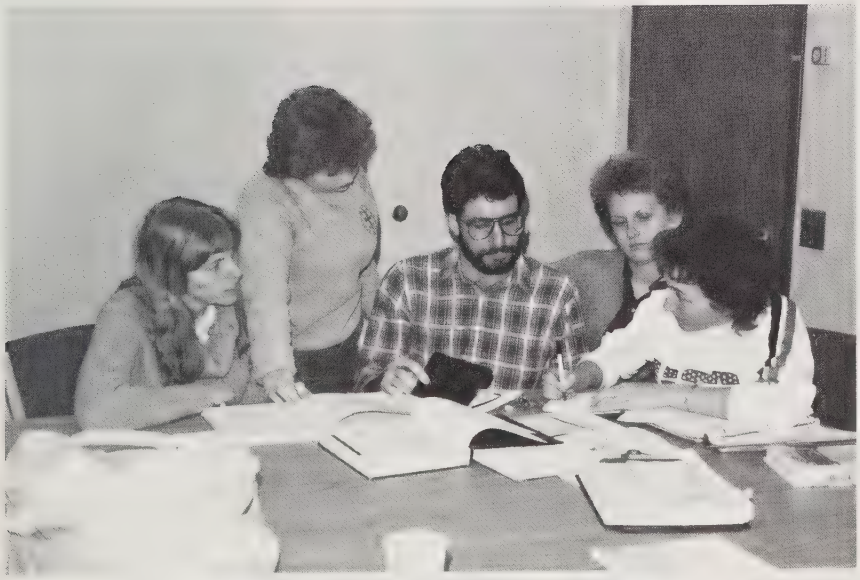
## SNA

## White Cap

## Santa Filomena

# Student Government

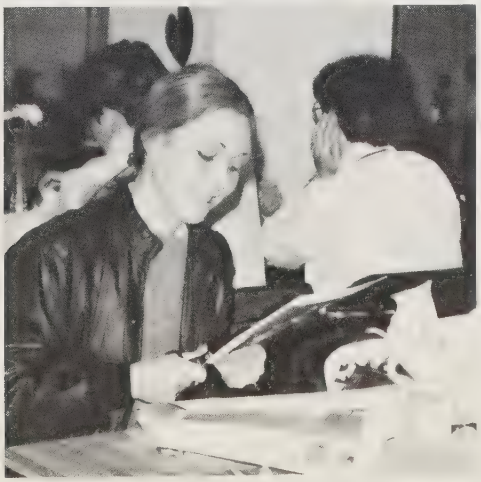
Members assisting with the ninetieth birthday celebration are:
Sharon Anderson ..... Treasurer
Jeff Barkhouse ..... Pres. Elect
Tammy Melton ..... President
Janet Clayton ..... Vice President
Absent was Rhonda Easton, Secretary



Plans are under way for this year's activities.

The student government works each year to organize activities for the student body. This year they sponsored a fall and spring picnic, and the Christmas dance. Members also assisted with the celebration of Watts ninetieth birthday.

Advisors Starr Browning and David Williams were very helpful in coordinating activities.



Alice is hard at work!

# Santa Filomena

The 84-85 members
Tina Stewart; Rebecca Wheeler, First Lady; Tammy Melton; Fran Roberts; Geneva Parks; Alecia Harrison; Barbetta Brown; Betty Hinshaw, Advisor; and Patti Bostian. Absent is Sharon Elliott.

Tammy, Barbetta, and Sharon are discussing plans for the upcoming year.

Rebecca and Geneva review their notes.

Santa Filomena, the nursing honorary society, is composed of senior students chosen by their classmates and faculty for characteristics of leadership and contribution to the school. Each member must have a QPA of at least 2.8 through their first two years.

Members are tapped each year at the black banding ceremony.

# SNA

The 84-85 officers: Michelle McElroy, President; Cathy Briggs, Secretary; Sheila Crawford, Treasurer; and Donna Beard, Vice President.

Cathy, Janice, and Michelle read over some pamphlets at their monthly meeting.

The yard sale helped raise funds.

Michelle, Cathy, Donna, Janice, Jan, and Sheila are eagerly reading about the organizations plan.

The Watts Student Nurses Association is a constituent organization of the National Student Nurses Association. This year the SNA has contributed to community affairs, such as the March of Dimes Walkathon, and the annual health fair. Some members attended the North Carolina SNA convention.

# The White Cap

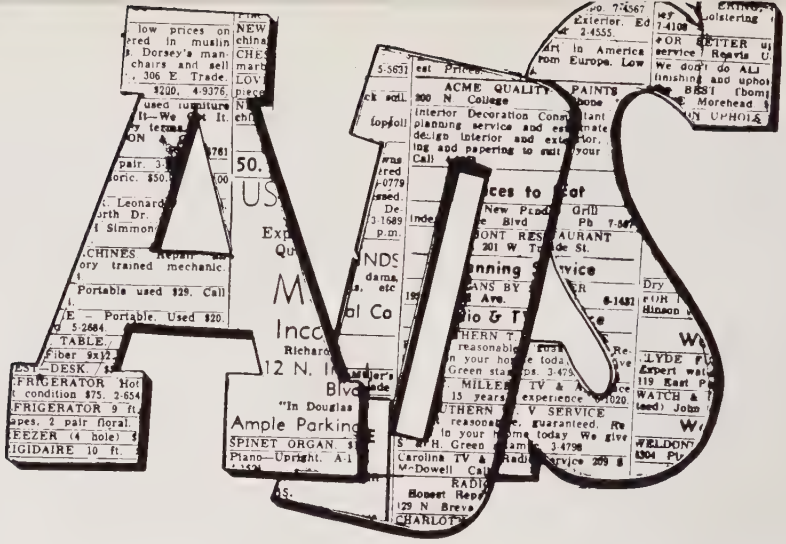
Each year the White Cap Staff spends many hours collecting pictures, doing layouts, and getting information to put together our yearbook. They are very dedicated in their contribution, and work to put out an excellent annual.

Janet Clayton, Editor.

Sandra Anderson, Photography Editor; Deanne Dixon, Business Manager; and Gail Pruett, Advisor.

Randi and Deanne listen on as Janet explains the layout.

Dr. William S. Abernathy
Sylvia and Ronald Anderson
Dr. Robert A. Buchanan, Jr.
Central Medical Obstetrics and Gynecology
Chapel Hill Obstetrics and Gynecology
Chapel Hill Orthopaedic Clinic and
Spine Center
Dr. James E. Davis
Durham Chest and Allergy Associates
Durham Child Care Center
Durham Orthopaedic Associates
Durham Women's Clinic
Dr. Michael Goubran
Drs. Hare, Yarley, and Bass
Dr. H. L. Izlar, Jr.
Dr. James R. Kelly
Lakewood Family Practice Center
Dr. Verne C. Lanier, Jr.
Dr. Issac Hall Manning, Jr.
Dr. Stuart Hall Manning
Mr. and Mrs. Homer Murray
John Reckless Clinic
Dr. Jack G. Robbins
Dr. M. M. Sahba
Dr. W. Vance Singletary, Jr.
Dr. W. V. Singletary, Sr.
Dr. Ervin M. Thompson
Dr. L. K. Thompson, III
Triangle Orthopaedic Associates
Majorie Turpin
Dr. Abe Walston, Jr.
Dr. E. S. Williams
Dr. W. G. Wysor, Jr.

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## WELCOME WATTS STUDENT!

Pictured left to right: Bill, Sherry, Cindy, Kim, Jennifer, Quitman, Cathy, Amira, Fran, Karen, Monica, Janie, Frank.
Not Pictured: Robyn, Suzanne, Sharon, Lisa.

This location at Northgate Mall
Durham, N.C.
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Specializing in:
- cutting and blow drying
- body waves
- frostings
- hair coloring
- luminizing
- black hair care

We have three convenient locations in the triangle area to serve you. For customer convenience and faster service, appointments are appreciated but not necessary. We are open Monday through Saturday from 10:00 a.m. to 9:00 p.m.

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## CONGRATULATIONS TO THE CLASS OF '85!

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1-2-3 Bedroom Apartments

Features:

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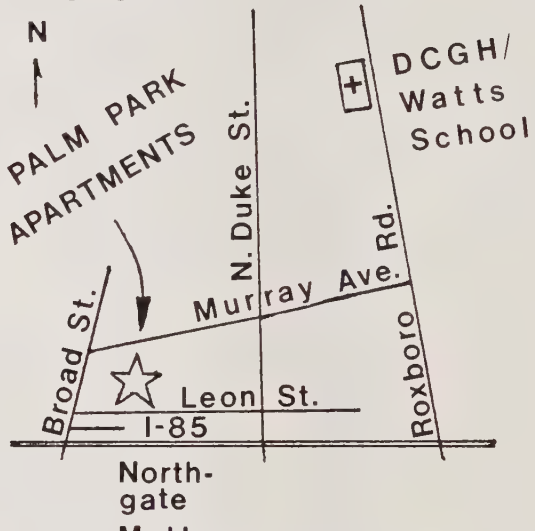
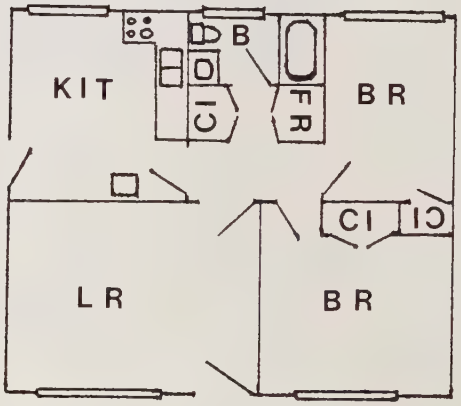
Attendant-Operated Laundry
Guest Rooms





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Dr. Frank Shavender

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Dr. Isaac E. Harris Jr.

HEMATOLOGY/ONCOLOGY
Dr. Evelyn V. Coonrad
Dr. Walter E. Davis

THORACIC SURGERY
Dr. Benson W. McCutcheon
Dr. Bryan Young

GENERAL SURGERY
Dr. Rollin Burhans
Dr. James Wilson
Dr. David Wellman

NEUROSURGERY
Dr. Robert E. Price Jr.
Dr. Walter S. Lockhart
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To my dear friend Sheila May, who I have been able to share so many good times with and who has attempted to teach me how to cook. Thank you for helping me make it through Watts and still be able to laugh about it! Friends Forever, Love, Randie (Randall)

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To the yearbook staff: Gail Pruett, our advisor; Patrons and all who purchased ads. This yearbook would not have been able to be published without all of you. The staff worked hard in getting the pages ready for deadlines and monetary support was provided by the patrons and ads. A special thanks goes to Gail Pruett who provided support and guidance.

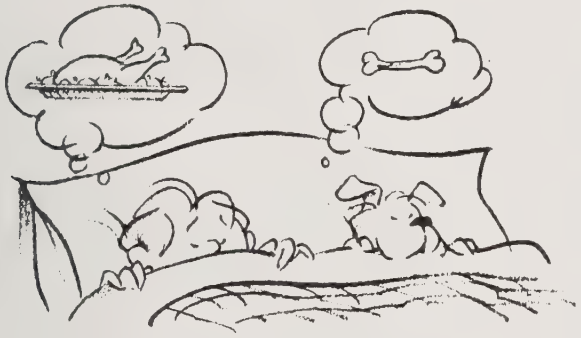
Thanks again,
Janet Clayton
Editor

dear graduates~
may your lives bloom
as beautifully as
the dogwoods in spring.
priscilla hoover
gladys hobbs
betty jean faulkner
gail pruett
loretta faulkenberry
peggy baker
judy comfort
david willia
april perry
connie suprono
josie martin
anne carroll
penny holloway
joan reinhard
myrtle mayfield
judy willink
salmon
donna rogers

chocolate
brownie

# Nursing School Days – Farewell

'Twas the week before finals, and all through the class
The students were restless, and anxious to pass.
Home stockings are dirty; it's not we don't care,
But the laundry's not done yet because we're not there!
Our children are nestled in their unmade beds,
With dreams of home cooking and Mom in their heads.



And meanwhile, at Clinical, I, in my cap,
Had heard my assignment and wished I could nap.
When out in the hall we heard clapping and braying—
We thought our instructor was out there, role-playing!
Away to the doorway I flew with such haste,
I tripped on my notebook and fell on my face!
I was just sitting up and preparing to rise
When a crowd of nurse students appeared 'fore my eyes.
"Sit still; this will take 90 seconds," they said,
And proceeded to check from my toes to my head.
One straightened my airway; one looked for snakebite;
One shook me, and shouted, and said, "You all right?"
One tickled my feet, and one thumped on my chest.
One patted my hand and said, "Poor dear, just rest."
Then a gal so serene no mishap could affect her
(I knew right away 'twas the Nursing Director,)
Appeared on the scene and said, "Hey, nurses! Move!
You've got patients to care for. Now get in the groove!
Now Penny! Now Ruthie! Now this isn't funny!
Your poor patient needs you; his nose is all runny.
That's care-plan material; write as your're rushin',
And have your notes ready for small group discussion.
There's lecture tomorrow; this clinic is done;
Now, dash away, dash away, into the sun!"

A kid meets me at home, saying, "Is your school done?"
I ask, "Who are you?" And he answers, "Your son!"
"How you've grown!" I exclaim, and my heart starts to flutter.
Then he asks, "What's for dinner?" I say, "Peanut butter.
I know you'd like roast beef, spaghetti, or ham,
But your Mom must prepare for the final exam!
Go look in the freezer; hey, just take a peek!
I'll fix that stuff soon, 'cause I'm done in ONE WEEK!"
That night, after studying, sleep came at last,
And I dreamed I was back at the school, in a class.
It seemed to be twilight; I looked left and right — Then a woman appeared, from out of the night.
The Spirit of Florence! I drew my breath in,
Then I smiled, and I said, "Hi ya Flo! How ya been?"

She spoke not a word, but went straight to her work.
She prepared me for finals, then called me a jerk!
"You think this is bad? And you're anxious to leave?"
Miss Nightingale said, as she laughed in her sleeve.
"Remember your school days; you'll not get it back.
Keep all those good memories safe and intact.
As time marches onward, and changes take place,
You'll wish for old friends, and for this rat race."

She picked up her lamp, and I picked up my book.
As we parted, I couldn't resist one last look.
I heard her exclaim at the top of her cords,
"Farewell to you all—and GOOD LUCK ON YOUR BOARDS!"

Carol Weil, R.N.

"You Know You've been at Watts too long when:"

1. You spend all your time in the library instead of partying.

2. Your parents show you the guest room when you go home.

3. Your address book is full of people who can help you with your homework.

4. The worst part of the day begins when the alarm clock goes off.

5. When you pay $40.00 for resource fees to find out that the resources are gone.

6. You see more of your instructor than your roommate, boyfriend/girlfriend, or husband/wife.

7. You get the paper only to read the obituaries to find out if someone you took care of died.

8. You can no longer be tolerated and your brothers/sisters offer to help you move out.

9. Your family goes on vacation and leaves you at home.

10. Your family sends you a care package and you open it only to find it full of Geritol and Stress tabs.

11. You get high smelling all that "White Out".

12. You find yourself running allover North Carolina to go to required classes.

13. The only food that you know how to cook is Campbells soup and peanutbutter and jelly sandwiches.

14. You know exactly what Hardees, Wendys, and McDonalds serves all day long.

15. You're late for clinical and the only excuse you can think of is "they were moving a house at 7:15 a.m. this morning."

16. The only bladder you can empty is your patients.

17. The only morning you get up and get ready on time, you find out it is Saturday.

18. You can't find your bed because of all the psych handouts.

19. The only message you have on your answering service is that your case study delivered while you were out.

20. The only thing you see when you close your eyes at night are the letters . . . PCA.